

# Martlesham Monthly

SEPTEMBER 2024 · Produced and Distributed by Volunteers

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*Martlesham Heath Aviation Society*



**SUNDAY 8th SEPTEMBER 2024 11am - 4.30pm**

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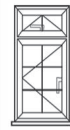
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# Martlesham Monthly

Produced and Distributed by Volunteers

## FRONT COVER

Martlesham Heath Aviation Society's annual Open Day featuring a range of exciting things to see and do!

As well welcoming back the fabulous Three Chordettes, fascinating military and vintage vehicles, access to the Museum and a range of stalls and fun activities.

A special welcome to Mable the Merlin engine, and it's owner Paul Lawrence. The Merlin was used in both the Spitfires and P-51 Mustangs that flew from Martlesham during World War 2, so when Paul fires it up during the day, it will bring that famous roar of the engine back to Martlesham after some eighty years - Come along and enjoy the fun!

### Online:

[www.martleshammonthly.com](http://www.martleshammonthly.com)  
And on Facebook

### Advertising

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### Editor

Gwynneth Johnson

Please email contributions to  
[martmonthly@btinternet.com](mailto:martmonthly@btinternet.com)

The copy deadline for issues is the 12th of the previous month.

Contributors are requested to limit their articles to approximately 250 words.

### DISCLAIMER

**The views expressed in the Martlesham Monthly are those of the contributors and are not necessarily supported by the editor or the editorial team.**

## Tree of the Month - *Salix matsudana* 'Tortuosa' - Willow



This willow tree with its contorted branches can be seen on Martlesham Green nearest Birch Woods and was planted by Martlesham Heath Householders Limited (MHHL) in the autumn of 2022. The roots spread seeking and sucking up water and help reduce the moisture in this waterlogged area often impassible in the winter and early spring.

*Salix matsudana* 'Tortuosa' has a sinister past. Often found near watercourses and edges of village greens in the times of the 'Witchfinder General' any woman who was found to be a 'witch' could be seen hanging from these trees. Also, in English folklore, this willow tree was believed to be capable of uprooting itself and stalking travellers! Thank you to Lisa Calver for bringing this fascinating tree to our attention.

## GIRLGUIDING

Currently we have 1 Rainbow Unit (ages 4 – 7), 1 Brownie Unit (ages 7-10) & 1 Guide Unit (ages 10-14) meeting on the Heath.

If you are interested in joining as a young member, or helping as a volunteer, please contact Jo on [martleshamguides@gmail.com](mailto:martleshamguides@gmail.com) or [www.girlguidingsuffolk.org.uk](http://www.girlguidingsuffolk.org.uk) & select the "join" or "volunteer" buttons on the home page.

Come & join the fun & start your guiding adventure today!"

## 1st MARTLESHAM SCOUTS

We have Beavers (6-8) who meet each Tuesday, Cubs (8-10.5) each Monday, Scouts (10.5-14) each Thursday and Explorers (14-18) who meet the first Monday of each month For all enquiries regarding joining the groups please contact [membership@martleshamscouts.org.uk](mailto:membership@martleshamscouts.org.uk) For becoming a helper or hiring the Scout HQ, please contact Lindsay Macleod [lindsayfw@msn.com](mailto:lindsayfw@msn.com)

## POLICE

In case of emergencies please always call 999. In non-emergency situations call the new number 101 Email the Safer Neighbourhood Team [woodbridge.snt@suffolk.police.uk](mailto:woodbridge.snt@suffolk.police.uk)

## MOBILE LIBRARY TIMES

### Tuesdays

Angela Close: 1.30-1.45pm  
Bridge Farm Day Nursery 1.50-2.20pm  
Falcon Mobile Home Park: 2.30-2.55pm  
Douglas Bader: 3.00-4.30pm  
September 24, 2024  
October 22, 2024  
November 19, 2024

### Thursdays

Play2Day Nursery Gloster Road 10.15 - 10.45,  
Douglas Bader: 11-12noon  
September 12, 2024  
October 10, 2024  
November 7, 2024

<https://www.suffolklibraries.co.uk/mobiles-home/using-the-mobile-library-service/>

## COMMUNITY RESPONDERS

Martlesham Community Responders are a group of volunteers funded entirely by donations who are trained to provide first aid and resuscitation skills.

We provide a first response to many 999 calls received by the East of England Ambulance Service Trust within Martlesham, Martlesham Heath, Waldringfield, Newbourne and Brightwell, in support of and until the arrival of an emergency ambulance.

For further details contact [johnny.dixon@btinternet.com](mailto:johnny.dixon@btinternet.com)

# Martlesham Council

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## Farewell to Clerk

The Clerk, Diane Linsley, started her time with Martlesham Council as Deputy Clerk in June 2013. As her background was in countryside management a natural fit was for her to support the work of the Recreation and Amenities Committee whose work includes the management of the parish council's sites including Martlesham Common which was designated a Local Nature Reserve. Since September 2021 she has been Clerk and seen the Council through a period of change with long standing staff retiring and new councillors joining the council.

*"The future of Martlesham Council is an exciting one with additional councillors coming onboard and a new team to help support their work. I wish them all the very best with their continuing work on providing services for those that live and work in Martlesham, supporting local groups and looking after the environment. Never a dull moment, it's been rewarding to work for a proactive Council like Martlesham Council!"*

Diane Linsley, Clerk.

Councillors and staff wish Diane a long and happy retirement. We will miss her

good humour, empathy with others, fairness and support for all her colleagues.

## Grants to local organisations in 2025

A reminder that the Parish Council will be considering all applications for grants from local organisations in the autumn.

If your group wishes to apply for a grant, please use the following email [enquiries@martleshamcouncil.org.uk](mailto:enquiries@martleshamcouncil.org.uk) to request an application form.

All application forms to be completed and returned to the Parish Council by Monday 07 October 2024.

These grants are awarded for the financial year 2025/26 and will be presented at the 2025 Annual Parish Meeting. Last year's recipients included Martlesham in Bloom, Martlesham Brass, Suffolk Wildlife Trust, Martlesham Conservation Group and Martlesham Heath Aviation Society.

## Forthcoming meetings

Parish Council meeting – Wednesday 4th September

Recreation & Amenities Committee meeting – Wednesday 11th September

Please note that Parish Council meetings will be held in the Parish Room, Felixstowe Road, Martlesham, IP12 4PB.

All meetings start at 7.30pm and are open to the public, who are welcome to ask questions or make comments to the council during a public forum.

Before attending, we strongly recommend you check our website or noticeboards in case of changes.

## Contacting the Council

Clerk to Martlesham Parish Council, Parish Room, Felixstowe Road, Martlesham, Woodbridge IP12 4PB

Telephone: 01473 612632 – please leave a message if no reply and we will get back to you as necessary

e-mail:

[enquiries@martleshamcouncil.org.uk](mailto:enquiries@martleshamcouncil.org.uk)

website:

[www.martleshamparishcouncil.org.uk](http://www.martleshamparishcouncil.org.uk)

Please "Follow Us" on our Facebook page which is @Martlesham Parish. The full address is <https://www.facebook.com/MartleshamParish>

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## District Councillor Report

### EXCITING TIMES

In early August I went to Martlesham Playing Fields to see how the Changing Room for footballers was progressing. On my way I bumped into Mike Irwin, Parish Councillor and Chair of the Committee that meets regularly with Taylor Wimpey about progress at the Brightwell Lakes Housing Development.

Then I passed by the Church Runway Cafe and noticed that it was full of customers. It was the regular meeting of the Ladies Knitting Group and they filled up the room with friendship and chat, I was really impressed.

Finally I was able to see the Changing Room (see photo 1), which will include a shower and upgraded toilet area. Ed Thompson and I both contributed money from our Community Fund to help Fund the project, which will now be ready for the beginning of the football season.

I had noticed that there was building work going on at nearby Birchwood Primary School. There I met the always busy Paul Firman, who was supervising the building of the new 'Zen Den', which is now almost complete (see photo 2). The building is designed as a quiet room which will help students meet with a teacher in peace and quiet to talk through any issues that have caused problems. The Den will I'm sure be used for all sorts of other matters where a quiet room is needed. I was able to get the project under way from my Community Fund money.

Lastly, I recently organised a meeting with an officer from East Suffolk Services (ESS). ESS took over grass cutting, street cleaning, etc from NORSE over a year ago. There had been complaints about the overgrown state of Martlesham's verges and pavements. Also in attendance were David and Lisa from Martlesham Heath Householders and Jane Hall from the Parish Council. As

always there are reasons for the delay in grass cutting, which include schedules drawn up 20 years ago, changing weather patterns, too much rain and converting paper plans onto computers. The Officer is excellent and hard working and is getting it sorted, she was prepared to come and see us to talk over problems. Another bit of progress is that the officer has managed to get the redundant Street Cleaning Trucks into working order and residents may have seen them cleaning the local roads, this will be a regular event from now on.

Overall it was really encouraging to see building works under way, the knitting group thriving and locals and east Suffolk Council working together to improve things.

*As always you can contact me by email on [mark.packard@eastssuffolk.gov.uk](mailto:mark.packard@eastssuffolk.gov.uk)*

## MARTLESHAM HEATH HOUSEHOLDERS LTD

### Volunteers

This is a call to any residents who would like to volunteer a bit of time. It is important that a good base of volunteers is maintained. For anyone interested it is a good opportunity to see what goes on behind the scenes and have your say on a variety of issues that arise from time to time. Should you be interested please leave a voicemail on 01473 612207 or send an email to [martleshamheathhouseholders@gmail.com](mailto:martleshamheathhouseholders@gmail.com)

### AGM

The 2024 AGM was held at the Martlesham Heath pavilion on Wednesday 5 June 2024. You can read the draft minutes that have been posted on the website at [www.mhhl.co.uk](http://www.mhhl.co.uk)

### Parking on Martlesham Heath

This is a polite request to car/van owners not to park half on the road and half on the pavement. This causes problems for people who are in wheelchairs or mothers pushing prams who then have to go into the road to get past these cars/vans.

### 2024 – 2025 Annual Maintenance Fee

At the beginning of September nearly 1400 annual maintenance fee invoices will be delivered. Prompt payment of the charges is always welcomed. Once more a very big thank you for your support without which a lot of the essential work on the village greens, heathland and woods would not be possible.

### Contact and further Information

If there are any issues that you feel that need attention please do not hesitate to contact Martlesham Heath Householders Ltd by leaving a voicemail on 01473 612207 or by email to [martleshamheathhouseholders@gmail.com](mailto:martleshamheathhouseholders@gmail.com) or by post to Martlesham Heath Householders Ltd, PO Box 897, Martlesham Heath, Ipswich, Suffolk, IP1 9PB.

### MHHL Website

A reminder that lots more information about Martlesham Heath Householders Limited can be obtained on our website at [www.mhhl.co.uk](http://www.mhhl.co.uk)



## MARTLESHAM POPPY APPEAL

Thank you to all of our  
volunteers who helped with  
the Poppy Appeal last year.

As usual Tesco are kindly  
allowing us to collect at their  
Martlesham store and I am  
looking for any volunteers who  
are willing to give up some of  
their time, even if it is only a  
couple of hours, starting on  
Thursday 24th October through  
to Sunday 10th November.

All help will be appreciated.

If you are interested, please  
contact me, Kim Wright, via  
email [kwandbw@gmail.com](mailto:kwandbw@gmail.com) or  
via my mobile 07775 761340.



## Dry spells this summer

As this summer progressed, we had some very dry periods with little or no rain, something likely to continue, becoming more prevalent with the changing climate. If this continues into September do not forget to keep an eye on summer flowering annuals and tender plants that may need watering to keep their display going into early autumn and even beyond! Regular watering will do wonders for crops such as tomatoes and runner beans so that you have some to harvest at this end of the season. Also check on any perennials, shrubs and trees planted this year which may need a good water every so often if dry weather continues. Keeping flower displays going can also help pollinators and other invertebrates.

September is a good time to look at and assess your garden; which plants survived and thrived, and which did not? Much of Martlesham has sandy free draining soil, which does not often get waterlogged in winter, ideal for many drought tolerant plants. Drought tolerant plants often do well in containers as long as they are sat on pot feet or similar over winter to prevent soil getting too wet. If you are in a damper location planting onto slight mounds can help keep plants more well drained through wet seasons. Observations and considerations can inform your plant choice for the future e.g. when you consider what to plant during the autumn and winter to fill in gaps or create new borders, and help future proof your garden display for you, others that may see it, and the wildlife that lives there.

For further information about Martlesham in Bloom please contact:  
[martleshaminbloom@gmail.com](mailto:martleshaminbloom@gmail.com) or J  
Maureen Burrows (Secretary) on Tel. 01473  
625196

For further information about Martlesham in Bloom please contact:  
[martleshaminbloom@gmail.com](mailto:martleshaminbloom@gmail.com) or  
J Maureen Burrows (Secretary)  
on Tel 01473 625196

## KESGRAVE LIBRARY NEWS –

**Sunday Crafts 10.00 – 12.00 noon** – during September we will be making the following crafts:

Sunday 1st – Today you have the chance to complete any Reading Quest craft you missed during the summer.

Sunday 8th – Reading Quest Presentation – today we are making tractor pictures to continue with the theme of the crafts representing Suffolk.

Sunday 15th – Yesterday was Roald Dahl day – pop along and create a tortoise from Esio Trot.

Sunday 22nd – Design a house collage – what will your house look like?

Sunday 29th – Autumn is nearly here - create an autumnal tree picture.

Activities are free. Parents must stay with under eights.

### Word Play Sessions – Every Thursday Morning.

Trained staff run these free sessions. These sessions will continue throughout the summer holidays.

Tot Rock – 9.45 – 10.15am. – active songs and rhymes for pre-school children.

Baby Bounce – 10.45 – 11.15am. – Gentle songs for you and your baby to enjoy.

No need to book. Please just pop along. We look forward to seeing you soon.

**Story Time – Fridays 9.45 – 10.15am.** Resuming Friday 6th September. Fun stories, rhymes, and songs – this is a free activity. We hope to see you soon.

### Lego Club – every Tuesday 3.30 – 4.30pm.

Resuming Tuesday 17th September. Free play with each child given a basket of Lego bricks to create designs of their choice. We hope to see you soon.

### Stay and play – Every Tuesday 10.00–11.00am.

Resuming Tuesday 10th September.

Bring your little ones to our Stay & Play group for a relaxed and informal opportunity to meet other parents and carers, share experiences and chat.

Our Stay & Play groups are a chance for parents to socialise and give their babies and young children a fun, interactive play session that engages their senses and helps their development. These sessions are suitable for under 5s.

This event is part of our Me Myself and Baby perinatal support service. The aim of the project is to help reduce isolation and improve emotional wellbeing for new parent

**Reading Quest** - The quest finishes on Friday 13th September.

Kesgrave Library is running the following sessions until the 13th to enable the quest to be completed.

Monday 9.30 – 12.00 p.m.

Tuesday 2.30 – 5.00 p.m.

Wednesday 2.30 – 5.30 p.m.

Thursday 2.30 – 5.30 p.m.

Friday 9.30 – 12.00 p.m.

Saturday 2.30 – 4.30 p.m.

Sunday 10.00 – 1.00 p.m.

Those who finish the challenge before the 8th September, will be invited to the presentation of medals and certificates on Sunday 8th September.

For those unable to attend, certificates and medals will be available to collect from staff, after the event, until 30th October 2024.

Tel: 01473 626103

[www.suffolklibraries.co.uk](http://www.suffolklibraries.co.uk)

## BRIGHT STARS

**Bright Stars Activities sheets for preschool aged children.**

**Would you like to receive them?**

We hope you all enjoyed the summer holidays.

At the moment we are sending out free activity sheets by email and/or post on the 2nd and 4th Mondays of each month during term time, for the children to enjoy doing with their family and/or carers, instead of meeting in St Michaels Church Centre, Martlesham Heath.

If you have or look after a child/children of pre-school age, or slightly older and would like to receive our activity sheets, please give us a call on the telephone number below; we look forward to hearing from you.

If you would like further information, please contact:

Sonya & Maureen Burrows Tel.01473 625196



## News from Martlesham Wilds

Martlesham Wilds is non stop! While everything is growing beautifully fast at the Wilds, behind the scenes we have had our Planning Permission validated and we are now awaiting approval. We hope to give the 'wilding' a helping hand by creating and restoring wetland scrapes for wading birds, and digging new wildlife ponds and invertebrate banks. We also plan to provide two new viewing platforms for people to watch the wildlife on the restored wetland without causing any disturbance.

We hope you will be as excited as we are about these next steps for bringing nature back at Martlesham Wilds. If you are, you can help make them a reality by sharing your support for our proposals with the planning team at East Suffolk Council.

Just email [planning@eastsoffolk.gov.uk](mailto:planning@eastsoffolk.gov.uk) with the subject line 'DC/24/1952/FUL' (our planning application reference) and in your own words say why you support our proposals above – whether its your love of birds or beetles, spending time in nature, or wanting to leave wildlife in a better state for your children or grandchildren.

Survey work is also ongoing, and we plan to share this later in the year once it has all been compiled – do watch this space for further news!

We would also like to thank all those that came on our 'Wonderful thing about trees' walk on Tuesday 7th August – we have such a wonderful evening walk and were amazed at all the different trees and hedges, young and old, that we discovered!

Photo Credit Charlie Zakss

Many thanks for your continued support,

Charlie & JJ



## Martlesham Conservation Group

My grateful thanks to all the volunteers who have worked hard at clearing bracken and cutting back vegetation from paths and other areas on the Heath SSSI. It was also great speak to people from near and far at the recent Village Fete about our local wildlife and the work of the Group .

This year has been a very challenging one for some wildlife with cool and wet conditions earlier. Most butterfly numbers seem low particularly for the larger more colourful species such as Peacocks and Small Tortoiseshell. Some of the grassland species may not have been quite so badly affected and Holly Blue numbers seemed OK in the spring, but generally a poor year. I feel fortunate to have see one of our less common species, a Grayling butterfly in the centre of the Birch Woods. As insect numbers seem low there will have been a consequent impact on species that rely on them as a food source.

However, in September it may still be possible to see some interesting wildlife depending on the weather including a number of late summer butterflies such as Red Admiral, Peacock, Small Tortoiseshell, Small Copper, Common Blue, Brown Argus, Large White, Small White, and Green Veined White, so there is still plenty to look out for but who can guess what the weather will have in store. It may also be possible to pick up sightings of some birds on their return migration journeys after they have spent the summer here or the new generation of young birds undertaking their first long distance flight. Please keep a ready supply of water in your garden and leave bushes with plenty of berries.

From September onwards the Group continues with our regular series of monthly work parties aimed at helping our local wildlife. Mostly we work on the Martlesham Heath Site of Special Scientific Interest but also on other local sites. Work parties usually take place on the first Sunday of the month and last about 2-3 hours. If you would like to help please get in touch, we provide all the tools required. Our next work party is planned for Sunday 1st September at 10am out on the heath SSSI. Please meet at the interpretive signboard between Heathfield and The Oaks. We will be aiming to clear away some of the invasive bracken and brambles from the heath to leave more space and light for heather and grassland to come through for the benefit of a wide range of wildlife including plants, insects, birds and reptiles.

Phil Smith 01473 625630 e-mail: martleshamconservationgrp84@gmail.com

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## Portal Woodlands Conservation Group

Our annual glow-worm (*Lampyrus noctiluca*) survey at the end of June counted 9 females glowing eerily green along the woodland paths in the evening darkness. In July, our Volunteers continued clearing back the vigorous plant growth from the paths. They took a well-deserved break in August and look forward to getting back to work in September.

Our next work morning is Saturday 21st September from 10:00 to Noon, meeting at the Education Area. New volunteers of all ages and abilities are always welcome.

No experience needed.

For further information, please contact us at [pwcg.martlesham@gmail.com](mailto:pwcg.martlesham@gmail.com), phone: 01473 612632 or visit our website: [pwcg.onesuffolk.net](http://pwcg.onesuffolk.net)

or join our members'

Facebook Group by messaging Duncan Sweeting.

*Stephen Corley,*  
Chairman



Photo:  
Loading up Chippings  
S Corley

## Suffolk's Young Musicians are looking forward to the year ahead with the 2024/25 season!

A busy season now draws to a close, following many enjoyable performances by Suffolk Youth Orchestra, Suffolk Young Strings, Suffolk Youth Wind Band and our Suffolk Youth Jazz Orchestra at a variety of events and venues across Suffolk.

We now look forward to the new 2024/25 academic year, as well as our activities in Suffolk's Schools, our memberships restart from September.

Why not join one of our weekly Suffolk Youth Music activities on weekday evenings or Saturday mornings in Bury St Edmunds, Ipswich, Lowestoft or Stradbroke?

We cater for beginner, intermediate and advanced levels across these locations and always welcome new players.

We also offer singing, individual music lessons, and instrument hires; which are a great and a low-cost way to see if an instrument is for you. The many instruments available from us include violins, guitars, French horns, and more!

All details are on our website [www.suffolkmusicclub.co.uk](http://www.suffolkmusicclub.co.uk) where you can also learn more about what we offer your children and young people at different levels and locations across the county.

Keep an eye on our social media pages too – where you can find out more about forthcoming activities such as our popular Come & Play Days, where you can make friends and trial our activities for free!

(Photo Caption: Suffolk Youth Ensembles performed 'Music for a Summers' Evening at St Mary's Church, Bury St Edmunds in June.)





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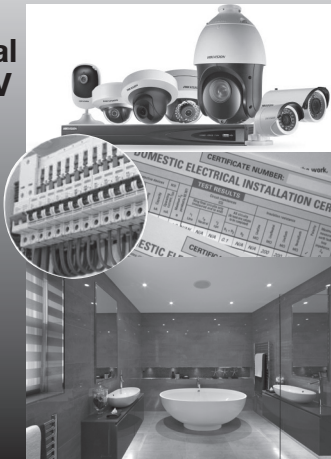


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## Martlesham Climate Action

### Did You Know?

Nice to chat to some of you at Village Day. We had some questions on our stand to get you thinking about ways to reduce your personal contribution (carbon footprint) to exacerbating global warming. Here are Phil Bull's questions helping to de-bunk some myths on EV car ownership based on his real-world experiences.

### How long to charge my EV car?

I drive 100 miles, then stop for coffee and comfort break. I plug the car into a rapid charger.

Will I finish my break before the car has recharged 100 miles? Answer:

#### Charging at Takes Finished break?

150kW: 10 mins No

100kW: 15 mins Maybe, if I'm quick

75kW: 20 mins Probably

### Carbon Footprint: EV vs Internal Combustion Engine (ICE) Car

How many miles do I need to drive a new EV to break even on CO2 emissions?

Answer:

11,000 miles or 18 months (UK grid energy mix electricity)

9,200 miles or 15 months (fully green electricity e.g. from 100% renewable tariff/PV panels)

The calculation includes embodied carbon in vehicle manufacture and fuel plus typical CO2 emissions from an ICE car. The time calculation is based on a typical 7500 miles annual mileage.

In other words, it will take less than 2 years to 'pay back' the amount of carbon associated with making a new EV and it will then be releasing very much less CO2 compared to an ICE car (from the carbon footprint associated with generating grid

electricity; mostly from gas fired power stations as part of the generation mix). There was also some discussion on the environmental and human impact of mining lithium for batteries. Be aware that the environmental and human impact of the fossil fuel industry is far worse!

### Energy Efficiency: EV vs Internal Combustion Engine (ICE) Car

My EV travels 4 miles per kWh (kiloWatt hour) on average (this is a typical value for most EV's). How far does an ICE car travel per kWh? Answer:

An ICE car travels 0.9 miles per kWh therefore an EV is about four times as efficient (and cheaper to run especially if you charge at home overnight!). The calculation is based on a petrol car doing 50mpg and a petrol calorific value of 45.46 kWh/gal

### Martlesham Repair and Climate Advice Hub back in September

The next Repair and Climate Advice Hub will be on Saturday, September 14th from 10-12 in the Parish Room.

The Climate Advice hub will be there as usual with advice on how you can do your bit to reduce your own carbon emissions and reduce your energy bills.

### Martlesham Wilds Blog

Another member of our small band of climate concerned residents (Phil Wallace) has set up a blog with more information on Suffolk Wilds, a fantastic project managed by the Suffolk Wildlife Trust to help nature adapt to the effects of a warming climate. Go to <https://martleshamwilds.blogspot.com/>

*Dave Green, co-chair Martlesham Climate Action (a Parish Council working group)*



Website:

[www.martleshamclimateaction.onesuffolk.net](http://www.martleshamclimateaction.onesuffolk.net)

E-mail:

[martleshamclimateaction@btinternet.com](mailto:martleshamclimateaction@btinternet.com)

Twitter: @martleshamclim1

### MARTLESHAM HEATH AVIATION SOCIETY

On Friday 6th September we welcome Ken Delve who will reveal aspects of the RAF in World War 2 ( and beyond) with his talk entitled "Beers, Blondes, Bombs and Bulls—t"

Meetings are held in the Community Hall, Felixstowe Road, Martlesham Heath. IP12 4PB on the first Friday of each month.

Meetings start at 7.30pm with a tea/coffee break at half time.

Admission £3 for members and £5 for non-members. Pay at the door  
New members can join on the night  
Please 'phone Howard King on 01473 274300 for more information

Two days later on Sunday 8th September from 11:00 we hold our Annual Special Control Tower Museum Event, this year entitled "Planes, Flames and Automobiles".

## COULD YOU VOLUNTEER AND BECOME A SCHOOL GOVERNOR OR TRUSTEE?

- ▶ Do you care about **improving children's education** and want to contribute to your local community?
- ▶ Do you want to work as part of **a team** and value contributions made by others?
- ▶ Are you willing to **challenge** and ask questions?
- ▶ Are you open to **new ideas**, willing to learn and undertake training to understand the role?

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## WOODBIDGE MEN'S SHED

A recent very successful golf day at Woodbridge Golf Club saw 76 entrants enjoy an excellent day's golf and raise an impressive £5940. Of this total the golf club very kindly donated one third, £1980, to the Men's Shed, this being the chosen project of the Rotary Club of Woodbridge. The shed committee would like to give our most sincere thanks to the players and Woodbridge Golf Club for their generosity. Men's Sheds, which are part of a national organisation, are defined as community spaces for men to connect, converse and create. They are for men aged 18 and over to meet, discuss shared interests and put these interests into practice. These could be carpentry, metal working, car maintenance and many others. For some it may just be a place to socialise over a cup of coffee.

Progress establishing the Woodbridge Shed continues and it is hoped that a lease on the land earmarked will be signed soon. To gauge the level of public interest in the project the committee is hosting a series of drop-in mornings. These will be held at the Jetty Lane Pod which is on the Avenue in Woodbridge IP12 4BA. They will be from 10.00 to 13.00 on Thursdays fortnightly from August 29th. If you are interested in this venture please come along for a coffee and chat. If you would like any further information please contact us at woodbridgemensshed@gmail.com

## ROTARY MEMORY CAFE

The Memory Cafe, which is run by the Rotary Clubs of Woodbridge and Woodbridge Deben supported by Woodbridge Inner Wheel and kindly sponsored by Gotelee Solicitors, continues to thrive. The cafe is open on the last Wednesday of every month except December from 10.30 to 12.00 at Woodbridge Football Club. We welcome sufferers of all forms of memory loss and their carers to enjoy hot drinks, homemade cakes, memorabilia and entertainment in a relaxed and welcoming environment. It is not necessary to book and is completely free. The only stipulation we make is that the carers must stay with their partner at all times. We look forward to welcoming friends old and new – if you would like any further details please contact Rotarian Martin Kenyon on 01394 386933.



## SUFFOLK TANGO

Are you looking for an activity that's fun, keeps you fit in body and mind, and widens your social connections?

Argentine Tango ticks all these boxes and more – check out Suffolk Tango's New Beginners' Course.....

With its evocative music, and its mixture of elegant and playful moves, Argentine Tango is a great way to improve balance, exercise your mind, develop poise and make friends. Our aim is to give you the ingredients to be able to join in Social Tango Dances, locally and anywhere in the world! Suffolk Tango is excited to be able to offer you the chance to join our weekly "New Beginners' Course", starting on Thursday, 12th September, 6.30 -8.00pm at the Martlesham Community Hall, Old Felixstowe Rd, Martlesham, IP12 4PB.

We welcome total novices, people with other dance experience or those who want to revise the basics. The fee for each lesson will be £7, payable on the day, and this will entitle class members to stay to watch, (and later in the term, join in with) the Improvers' Class/Practice Session which follows. This will be an opportunity to meet, chat and dance with the local Tango Community. It's not essential to come with a partner, but nice if you can.

To find out more about this fabulous dance, check out our website - suffolktango.org.uk - where you will find an introduction to Argentine Tango as well as details about our venues, activities and mailing lists. You can also find us on Facebook. If you have any questions or would like to register your interest, please contact Julia by email: contact@suffolktango.org.uk

## WOODBIDGE CHORAL SOCIETY NEW SEASON

Our plans for the next 18 months include two concerts at St Mary's Church Woodbridge on 7th December 2024 and 29th March 2025. On 1st November 2025, we have a hugely ambitious concert planned at Snape Maltings. Being close to the 80th anniversary of the 1945 Armistice, our programme is devoted to the themes of war and plea for peace, with two contrasting works, a masterpiece by Vaughan

Williams, Dona Nobis Parcem and The Armed Man by Karl Jenkins.

If all this excites you, do get in touch with us (info@woodbridgechoralsociety.org.uk). You will receive a warm welcome at our forthcoming 'Come and Sing' taster rehearsal on September 5th, when there will be a chance to chat to our members and enjoy a glass of wine.

With best wishes

Jane Hall

Chairman, Woodbridge Choral Society

## MUSIC AT RUSHMERE

We are very much looking forward to the Autumn series of concerts at St Andrew's, Rushmere, which will be held in support of Anglia Care Trust. ACT provides a range of services in connection with housing and community safety as well as health and support for young people and families in need.

On 6th October we present Elodie Chousmer-Howelles and Stella Marie Lorenz on violin and piano. They will be followed on 13th October by singers and instrumentalists from Trianon Music Group. On 20th October we welcome Therese Miller on piano, and Mark Blatchley (organ) on 27th. We close the season with a rousing concert by Suffolk Concert Band on 3rd November.

All concerts begin at 3.00pm and we look forward to welcoming you to any or all of them.

## DIA DE LOS MUERTOS – A celebration in song

On Saturday 2nd November the Suffolk Constabulary Male Voice Choir and Felixstowe Harmonies are presenting a special concert at the Dance East Theatre, themed loosely on the Mexican Festival of Dia De Los Muertos. Over sixty singers will bring stage songs from Walt Disney's Coco, film and musical theatre as well as artists such as Snow Patrol, Queen and Electric Light Orchestra. A smattering of Spanish sung here and there will lend a little authenticity. Proceeds from the concert will be shared between Lighthouse Women's Aid Charity and the Hosanna Children's Pilgrimage Trust. Tickets are priced at £15.00 and £10.00 for under 16s and can be obtained from Dance East directly online (www.danceeast.co.uk) or by telephoning 01473 295230.

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## **U3A EAST SUFFOLK: New season off to a flying start!**

If you've missed East Suffolk u3a's annual open day (the morning of 6th September at Kesgrave Community Centre), you can still get involved in this lively and thriving members' group.

It is part of a national (and international) organisation that aims to provide opportunities for the older, mostly retired, members of the community.

It is all about keeping mind and body active, with the chance to learn, keep active, have fun and make new friends. More than 2,200 people in East Suffolk are currently members, finding new interests, new challenges and social activities.

They enjoy walks, quizzes, dining out, visiting gardens or churches, discussing architecture, the arts, current affairs and much more.

Alongside approximately 150 different local activities, there is a varied programme of talks held at different venues in East Suffolk. The 2024/2025 schedule begins with a talk from Charlie Haylock, voice coach to actors in the Sutton Hoo based film, The Dig.

It's followed in October by talks about Livelihood Creation in Zambia (the work of Tools with a Mission), Life on Land and Offshore in Borneo, The Story of Silk and Memories of my Father (the life of a decorated Polish pilot who flew alongside the RAF in Suffolk).

Full up to date information is available on the u3a website: [www.u3aeastsuffolk.org.uk](http://www.u3aeastsuffolk.org.uk).

New members are welcome, with the expectation that they will contribute to the success of the group. Membership is on an annual basis, costs less than £17.50 for a full year and gives members access to all the u3a's many activities, subject to availability.

For more information about u3a please see the website or call the secretary on 0300 123 3913.

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## **BRIGHTWELL UKULELES.**

Brightwell Ukuleles will be performing their Autumn Concert,

SEPTEMBER SONGS' at Waldringfield Village Hall

On TUESDAY 10th SEPTEMBER commencing at 2.15pm.

Admission is free but a retiring collection will be taken for the benefit of St.Elizabeth Hospice.

Parking at the venue is limited so if people are able to travel together it would be great.

## **MARTLESHAM LADIES CLUB**

The summer is flying past and we are already making plans for Autumn. The first meeting of the new season is on 5th September 2024 when Liz will give a talk entitled Bloomers to Thongs. This promises to be both amusing and informative. On 19th September 2024 Pearl Kerridge will tell us about the Silent World of the Deaf and Dumb.

Looking further ahead, on 3rd October 2024 we are going by coach to Felixstowe for a cream tea at the Martello Restaurant.

Meetings are held on alternate Thursday afternoons starting at the NEW TIME of 2 00pm. The annual subscription remains at £10.00 with £2.00 entrance fee to each meeting. For more information contact June Peck tel. 07867525422.

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## **GIPPESWYK SINGERS**

Gippeswyk Singers is a chamber choir with approximately forty members. We rehearse during term time and perform three times a year. Our repertoire includes a wide variety of religious and secular music, both classical and popular. Rehearsals and concerts take place on Monday evenings at 7.30pm at St. Michael's Church, Martlesham Heath, Ipswich.

The choir currently has spaces for tenors and first basses. If you are interested in joining us, our first rehearsal after the summer break is on Monday 9th September. We will be rehearsing for our Christmas concert (a seasonal programme of music by German composers) which will take place on Saturday 7th December and will include pieces by Buxtehude and Telemann and a variety of carols. More details can be obtained by phoning the number below.

We will be holding an open singing morning on Saturday 21st September from 10am to 1pm. Refreshments and music scores will be available from 9.30am. If you would like to experience one of our rehearsals, please come and join us for the morning. We will be learning Buxtehude's In Dulci Jubilo & Das Neugeborne, also Pachelbel's Magnificat. It will be fun and rewarding - come and try us out! All singers are welcome. The cost of admission is £10. Tea, coffee and biscuits will be provided.

Booking is through [ticketsource.co.uk/gippeswyk-singers](http://ticketsource.co.uk/gippeswyk-singers) or by phoning 07949 803594.

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## **MARTLESHAM BRASS 'Making Music Fun in East Anglia'**

Martlesham Brass return to rehearsals at the beginning of September, in preparation for their 28th Birthday Concert on Saturday 5th October 2024, at 7.00pm in St Michael's Church Centre Martlesham Heath. There will be details of how you can purchase your concert tickets next month.

If you feel you would like to learn to play a brass instrument, or if you already play and would be interested in joining us, please email [join@martleshambrass.co.uk](mailto:join@martleshambrass.co.uk) (please note that we are currently operating a waiting list for our beginners band)

Liz Howard (Publicity Officer)  
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## **BADMINTON IN KESGRAVE**

Woodbridge Badminton Club's summer badminton sessions at the Kesgrave Community Centre Sports Hall on Thursday evenings 8pm - 10pm will stop at the end of August.

From the start of September we will return to Kesgrave High School for the winter season (September-April) on Wednesday evenings at 7:30pm. We expect to start on 4th September, but please check the website for last minute changes. League matches will start a few weeks later on Thursday evenings for those feeling competitive!

We welcome a range of abilities but unfortunately not complete beginners. For latest details check out our website at <https://www.woodbridgebadminton.co.uk> email [contact@woodbridgebadminton.co.uk](mailto:contact@woodbridgebadminton.co.uk) or ring Jim Cavanagh on 0780 323 2892.

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## **MARTLESHAM AFTERNOON WI**

We are a friendly group meeting at 2pm in the Pavilion on Martlesham Heath every 3rd Friday of each month. Our meetings often include speakers, quizzes, games and celebrations. There is also a raffle, refreshments and a book stall. We also have a walking group and a lunch club.

Any lady who is interested in joining us please come to a meeting, if you prefer to make contact first please email Val our president at [valeriejones53@hotmail.co.uk](mailto:valeriejones53@hotmail.co.uk) or Rosemary our secretary on [rosemarymanning5@gmail.com](mailto:rosemarymanning5@gmail.com)

## A Thought For The Month

September is the time when for most people the holiday period draws to a close.

It's time to return refreshed, or for those in education it's the beginning of a new term with new challenges. Time out from our normal routine is positive and good for our mental health and wellbeing. It's a time to recharge our batteries, or to put it another way, a time for re-creation.

I hope, over the last few weeks you have found time for that important break, whether it was a trip to an exotic destination, spending time with your friends or family, visiting your favourite place or just changing your routine. For many of us the world seems to be increasingly busy with time for ourselves being pushed out and not prioritised. Being away or just taking time out is important to us as it keeps us grounded and rooted, and our lives in perspective.

We live in an amazing place with much of Martlesham not only surrounded by beautiful countryside but also sites of special scientific interest, so it's not difficult to find a place to go for refreshment. Even Jesus needed space. We read in Mark's gospel how Jesus was feeling the pressure of crowds following him. Jesus told his disciples 'to come apart and rest a while.....' One vicar suggested 'if we don't rest a while – we'll come apart!'

Malcolm Rittman

Martlesham with Brightwell

## MARTLESHAM ART GROUP

Cast your minds back to Martlesham Village Fete in July, how lucky we were to have such a glorious day and so many lovely visitors to our Peoples Choice' competition and Exhibition in the Pavilion on the Green. It was a great place to cool off whilst contemplating the impressive art provided by our Art Group.

This is by way of a massive thank you to all 250 of you who took part and voted for their favourite painting in show, it was so kind of you to spare the time. I attach the photo of the outright winner, Caroline Young with her pastel portrait of 'Maisie' her much loved family dog, being presented with her prize, a voucher for art equipment. I hope he was your favourite too.

Thank you all again for coming in to see us and our work and for all your lovely comments on the day. Here's hoping to see you again next time

*Martlesham Art Group, Every Tuesday,  
10-12.30, Martlesham Heath Pavilion,  
Village Green. Contact: June 07594 189100/  
Diane 01473 659257*



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September 8 & 22

October 13 & 27

November 10 & 24

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and coffee at 11am



## Orwell Flower Club.

Our club meets at the  
Tower Hall, Broadlands Way, Rushmere St  
Andrew IP4 5SU at 7.15pm on the  
4th Thursday of the month, and we start  
with refreshments at about 7 o'clock.

We have excellent demonstrators, and our  
raffle is a chance to win one of their  
beautiful arrangements.

Our demonstrator for our meeting on  
Thursday 26th September will be  
Naomi Wells and her title for the evening  
is 'Stories'.

We love to welcome guests to our  
meetings, and the cost is £7.

For more information, contact Maggie  
Thomas, Secretary, 01473624699

## MARTLESHAM COMMUNITY HALL AND RICHARDS ROOM

You can find out about our venues at  
our website - [mchall.org.uk](http://mchall.org.uk)

You can check hire rates, if they're available  
and make an online booking request

Alternatively you can call our Booking  
Secretary on 01473 623 203. (Monday to  
Saturday 08:00 - 20:00).

If leaving a message, please speak slowly  
and repeat your telephone number.

## THE MARTLESHAM HEATH PAVILION

Martlesham Heath Pavilion is a great location  
for children's parties at the weekend.

You can check availability and book the  
Pavilion online at:

**[martlesham.org.uk/pavilion](http://martlesham.org.uk/pavilion)**

Alternatively please contact the booking  
secretary:

**Email: [bookingsecmhp@gmail.com](mailto:bookingsecmhp@gmail.com)**

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## THE CHURCH IN MARTLESHAM & BRIGHTWELL

**RECTOR:** The Revd Toby Tate The Rectory, 17 Lark Rise, Martlesham Heath  
Church phone 01473 612659 (rest day Friday)

**CURATE:** The Revd Rob Allinson rob@martleshamcofe.org.uk  
07359 463312 (rest day Wednesday)

**ASSOCIATE MINISTER:** The Revd Christine Pinder 3 Mayfields, Martlesham Heath  
07555 748345 (working days: Sunday, Wednesday, Thursday)

**READERS:** Marga Gibbs van Dijk 16 Deben Avenue, Martlesham 01473 624035  
Carolyn Smith 74 Heathfield, Martlesham Heath

**ELDERS:** Margaret Rollins 9 Angela Close, Martlesham 01473 623868  
Simon Smith 11 Squires Lane, Martlesham Heath 01473 612410 (eve only)  
Liz Welham 23 Deben Avenue, Martlesham Heath 01473 622709  
Lynn Wilder Kenton, Nr Debenham 01728 860627

Services for the Month	Martlesham Heath St Michael's Martlesham St Mary's Brightwell St John's	Online on Facebook and YouTube. Search for 'Martlesham Benefice'
<b>Sunday 1st September</b>	St Michael's 9.30am Coffee and pastries 10am Breakfast Church St Mary's 11am Holy Communion	
<b>Sunday 8th September</b>	St Michael's 10am Holy Communion St John's 6.30pm BCP Evening Prayer	10am Holy Communion
<b>Sunday 15th September</b>	St Michael's 10am Morning Worship St Mary's 11am Holy Communion	10am Morning Worship 7pm Zoom Reflecting with God
<b>Sunday 22nd September</b>	St Michael's 10am Holy Communion St John's 6.30pm BCP Evening Prayer	10am Holy Communion
<b>Sunday 29th September</b>	St Michael's 10.30am Benefice Service	10.30am Benefice Service

**A warm welcome awaits you at all our services in our church buildings and online.  
It would be helpful if you could contact Toby by the Saturday before for Zoom codes.**

**Midweek Services** Wednesday 11th and 25th September: 10am Holy Communion at St Michael's

**Prayer Diary** Please include the following as an addition to your daily prayers:

### September

- 5 give thanks for all we enjoyed over the summer
- 6 for Home Start volunteers & the families they help
- 7 all at the Woodlea CAMEO Day
- 8 Praise God for all his goodness to us
- 9 for emergency services workers
- 10 for all at the Broom Tree café today
- 11 for the residents of Post Office Lane
- 12 for FIND and the families in Ipswich they help
- 13 give thanks for the joy of music and singing
- 14 those taking part in Historic Churches Trust Ride & Stride
- 15 all at the Pop Up shop
- 16 for Session 1 of The Start Course today
- 17 those who entertain us on TV, film and radio
- 18 for the residents of Private Road
- 19 for the work of Footsteps supporting youth mental health
- 20 for those who have nowhere safe to sleep
- 21 for volunteers running our local sports teams

- 22 St Matthew: give thanks for all his gospel shows us
- 23 for the work of Water Aid
- 24 those waiting for hospital treatment
- 25 for the residents of Ravens Way
- 26 give thanks for our food and all who provide it
- 27 for prisoners and prison staff
- 28 for ourselves that we would see those we can help
- 29 St Michael: for all who use our church dedicated to him
- 30 give thanks for all who help and support us

### October

- 1 For the residents of Redwold Close
- 2 for medical workers and researchers
- 3 St Francis: for his love of creation & his care for the 'outsider'
- 4 those who find the darker evenings of winter difficult

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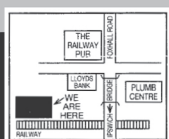
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